

Family Health and Safety Chart

Symptoms or Positive Covid Test Within the Household

Scenario	Person tests positive for COVID-19	Person is symptomatic	Someone in the household of the person tests positive for COVID-19	Someone in the household of the person is symptomatic
Example	The co-oping adult or LNS-enrolled child tests positive for COVID-19.	The co-oping adult or LNS-enrolled child begins showing new and unexplained illness symptoms.	The LNS-enrolled child's sibling tests positive for COVID-19.	The LNS-enrolled child's sibling begins showing new and unexplained illness symptoms.
Policy	<p>LNS-enrolled child/co-oping adult must stay home from school for a minimum of 10 days after the date of the positive test result.</p> <p>Must be symptom-free (without the aid of medication) for at least 72 hours before return.</p>	<p>LNS-enrolled child/co-oping adult must stay home from school for a minimum of 10 days after the onset of symptoms and be symptom-free (without the aid of medication) for at least 72 hours before returning</p> <p>OR</p> <p>be fever-free for 24 hours (without the aid of medication) and improving symptoms with a negative PCR test¹ taken after onset of symptoms. Negative test must be submitted to directors prior to return.</p>	<p>LNS-enrolled child/co-oping adult must stay home from school for a minimum of 10 days after the date of the positive test result. (If symptoms appear in the LNS-enrolled child/co-oping parent during that time, please follow the protocol for the "person is symptomatic" scenario.)</p>	<p>LNS-enrolled child/co-oping adult must stay home from school for a minimum of 10 days after the onset of symptoms in the symptomatic person. (If symptoms appear in the LNS-enrolled child/co-oping adult, please follow the protocol for the "person is symptomatic" scenario.)</p> <p>OR</p> <p>be symptom-free for 24 hours with a negative PCR test taken by the symptomatic person upon onset of symptoms. Negative test must be submitted to directors prior to return.</p>

¹ Local testing resources listed on page 4

Exposure Outside the Household

Scenario	Primary Exposure: Person has had close contact with someone outside the household who tests positive for COVID-19	Secondary Exposure: Person has had close contact with someone who had a Primary Exposure
Example	<ul style="list-style-type: none"> • The LNS-enrolled child has a playdate with another child who tests positive. • A co-oping adult’s colleague tests positive. 	<ul style="list-style-type: none"> • An elementary school aged sibling of an LNS-enrolled child has a classmate who tests positive. • The spouse of the co-oping adult has a colleague who tests positive.
Policy	<p>If the person is unvaccinated, they may not return to LNS for 14 days after the date of exposure. If the person becomes symptomatic, please follow the instructions under “person is symptomatic”.</p> <p>This quarantine can be shortened to 7 days if the person is asymptomatic and a PCR test is taken 3-5 days after the date of exposure and the result is negative. Negative test must be submitted to directors prior to return.</p> <p>Fully vaccinated people can be at school as long as they are asymptomatic and have a negative PCR test taken 3-5 days after exposure.</p>	<p>The person does not have to quarantine, as long as they are asymptomatic, though testing is still strongly recommended.</p> <p>(If an exposed member of the household becomes symptomatic, please follow the protocol for the “Someone in the household of the person is symptomatic.”)</p>

Any child or adult with a chronic condition such as allergies or asthma that could cause ongoing, non-contagious symptoms may submit a letter from their physician stating that they are medically cleared to return to school with their specific and particular symptoms.

Even with medical notes or negative test results, at the discretion of the teachers, children may be sent home if children or parents/caregivers do not appear to be in good health.

Please also keep in mind that unvaccinated people, including children, must quarantine for 10 days after-being in high risk situations² before returning to school.

In order to properly clean and contact-trace, it is imperative that families notify the directors immediately in the event that they are in close contact with someone who becomes ill, or if they or a family member test positive.

- Masks are required for everyone over the age of two when children are present at school.
- Masks must snugly cover the mouth and nose, and may not contain a valve.
- Children who have a medical condition prohibiting them from wearing a mask may submit a physician's note to the directors and may instead wear a face shield.

² “High Risk Situations” are gatherings of 50 people or more (indoors or outdoors), or traveling through an airport

Thank you for following these policies closely.

Addendum to LNS COVID-19 Safety Protocols

- Class size is no longer limited. Current licensing regulations allow regular full sized classes.
- Please provide a minimum of 2 extra masks to keep in your child's cubby. More than 2 extra masks are recommended if your child is in the 2's and 3's classes. Face mask lanyards are encouraged as children will be removing masks during snack time.
- Adults will need to wear a surgical mask or better if they will be indoors for longer than 10 minutes. A supply of both adult and kids masks will be at the school as a back up.
- Classes will be held outdoors and indoors. Children must have indoor access if the temperature is over 85 degrees. The back door and all windows will remain open and the fans will be kept on at all times. We currently have 5 air purifiers for the indoor space.
- Approximate times for each class are:
 - 2's class: 1 hour indoors/1 hour outdoors;
 - 3's class: 1 hour indoors/1.5 outdoors;
 - 4/5's class: 2 hours outdoors/1 hour indoors
- Directors will no longer be doing a temperature check at the door. We are trusting parents to monitor their child's temperature and any illness symptoms at home.
- Parents will be able to enter the school during the drop off/pick-up period and are no longer restricted to one at a time.
- In the case where someone attends school while infected, the entire class must follow the guidance under "Exposure Outside of Household - Primary Exposure." Class will resume when at least one student is eligible to return.
- In the case of a lockdown of greater than 14 days, school will be moved to distance (online) learning after 14 days and resume in-person when eligible.

Wildfire Safety Protocol

- Air Quality Index (A.Q.I) on Purple Air will be monitored daily during the event of nearby wildfires.
- At an A.Q.I. of 101 (unhealthy for sensitive groups including children), the school will be closed down until conditions improve (under 101). **You or someone on your list must pick up your child as soon as possible. Parents will be notified through email or text.**
- The school will be closed if the A.Q.I. is 101+.
- We will revert to distance learning when the school is closed for 2 weeks or longer.

Local PCR Testing Resources

It may become necessary for you to find a test for your family to follow the policies outlined in this document. While many of us have been tested multiple times throughout the pandemic, finding testing has been difficult at times of great demand. Below are some of the local testing services that some families have had success using as needed.

1. If your family is enrolled in the Lafayette School District, the district is offering regular testing at multiple locations. You can find out a bit more on [the district website](http://lafsd-ca.schoolloop.com) (lafsd-ca.schoolloop.com). Make sure that you find a location that is doing PCR testing which has been at Burton Valley so far.
2. A group called [Test The People](http://testthepeople.org) (testthepeople.org) is running a testing site in Oakland with appointments and walk-ins. They are entirely PCR-based and have a rapid turnaround on results.
3. [The county](http://coronavirus.cchealth.org/get-tested) (coronavirus.cchealth.org/get-tested) has been running several testing locations throughout the pandemic. While these sites have a reliable turnaround of about 36 hours, it can be difficult to find an appointment quickly.